

Preparing to Attend?

Participants for the Professional Childbirth Educator Workshop should:

1. Begin reading the required reading from ICEA.
2. Complete the PreWorkshop Study Guide available at www.birthsource.com.
3. Become a member of ICEA.
4. Print the Workshop Manual prior to the workshop OR bring your laptop with the Manual loaded for referral during the workshop.
5. Begin the search for a proctor for the exam (an ICCE in your area) as well as an observer for your first class.

All participants should be familiar with anatomy of the reproductive system and breasts; physiology of pregnancy, birth, postpartum and breastfeeding; definitions of medical terms regarding labor; common procedures and tests used during normal birth, their risks and benefits; pain medications and their administration/side effects; cesarean birth; VBAC; normal newborn appearances and procedures; basic relaxation techniques breathing patterns and breastfeeding.

THE Birth SURVEY

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your pregnancy
care experience
give feedback now

www.thebirthsurvey.com



In the ICEA Professional Childbirth Educator Workshop, you will receive a wealth of evidence-based information from objective sources.

And you will have local, national and international resources from which to learn also!

Perinatal Education Associates, Inc.

2923 Harshman Road Suite 118
Dayton, Ohio
45424

Phone: (937) 312-0544
www.birthsource.com
www.thebirthfacts.com
www.childbirthtoday.blogspot.com
E-mail: info@birthsource.com



ICEA Approved Childbirth Educator Workshop

Professional Childbirth Educator Workshop



www.birthsource.com

A 16 Nursing CEU Course

Childbirth Education: A Legacy, A Need

Childbirth education formally came to the United States in the 1960s after the works of Dr. Grantley Dick-Read became known. With the formation of the International Childbirth Education Association (ICEA) along with Lamaze in 1960, more expectant parents became aware of their option in childbirth. Today, there are several other childbirth education certification organizations, but none with the Standard of Excellence of ICEA.

*Freedom of Choice Based On The
Knowledge of Alternatives*

A great portion of the Healthy People 2010/20 mandates call for more women attending childbirth education classes. That mean there will be a greater need for certified childbirth educators in the very near future. Additionally, more and more hospitals are seeking Magnet Status. With this and The Joint Commission looking at the advanced practice certifications by nurses in hospitals, it has become clear that nurses or others who teach childbirth education in hospitals should be certified.

About The Workshop

This intensive workshop explores adult learning principles, group dynamics, how to teach about all types of births, interventions, VBACS, how to use audiovisuals and so much more! Fees include a training binder, course materials, refreshments and continental breakfast. Hours are 8:30 am to 5:30 pm both days, unless otherwise noted by the instructor. Register early to guarantee your space in the training! The deadline for registration is ten (10) days prior to the first day of training. Any registrations received after the deadline will be accepted only if space still exists in the training. All late registrants must register online, by phone or fax to be admitted to the training. No walk-in registrations please as we may not have sufficient supplies available.

Cancellations made 10 days or more in advance of the training will be assessed a \$50 cancellation fee. Any cancellations received after that date will not be refunded however an alternate may attend or you may choose another training offered by Perinatal Education Associates, Inc.

Children are not permitted to the training unless they are breastfeeding. Please arrange for alternate child care arrangements while the child is not nursing.

About The Workshop Faculty

Connie Livingston, RN, FACCE, ICCE, IAT

Connie Livingston has been a Lamaze International Certified Childbirth Educator 30 years, is certified by the International Childbirth Education Association and is an ICEA Approved Trainer (IAT). She has served on the Board of Directors for ASPO/Lamaze, ICEA, and DONA . Connie is also the president of Perinatal Education Associates, Inc. She is an internationally known author, speaker, and consultant to childbirth education and hospital-based doula programs. In 2009, Connie served as the editor of the *International Journal of Childbirth Education* and the Director of Communications/ Publications for ICEA. She is considered an expert in social media marketing and the web-master of two sites: www.birthsource.com and www.thebirthfacts.com plus the blog www.childbirthtoday.blogspot.com. You can also find her marketing on Facebook and Twitter! She has recently completed coursework as an aromatherapist.

Registration Form

Name _____
Address _____
City, State, Zip Code _____
Phone (Home/Work) _____

Training Dates: Jan 14/15, 2010 Cincinnati, OH
 Mar 4/5, 2010 Columbus, OH
 Mar 18/19, 2010 Schaumburg, IL
 Apr 8/9, 2010 Dayton, OH
 May 13/14, 2010 Toronto, Ontario*

Visit www.birthsource.com for a current list of trainings

Profession _____

Current member of ICEA? _____ Yes _____ No

Cost of Workshop \$375 US

*** Contact us for special Toronto pricing.**

Payment method:

Check or Money Order:
Payable to Perinatal Education Assoc., Inc.
 Credit Card
 Visa MasterCard Discover

Card Number: _____

Expiration Date: _____

Signature: _____

Payment by credit card may be made online, by phone or mail. Mail payments to:

Perinatal Education Associates, Inc.
2923 Harshman Road Suite 118
Dayton, Ohio 45424
1.866.88.BIRTH (US toll-free)
937.312.0544 (local)